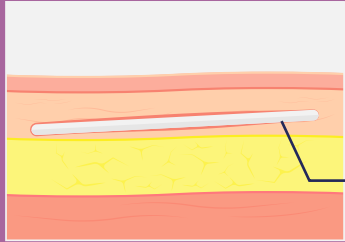


How is the implant INSERTED?



IMPLANT is placed beneath the skin

The procedure will be performed by implant specialized physician. It is placed beneath the skin of your inner upper arm (non-dominant). The physician will give you local anesthesia before the insertion. It takes a few minutes to insert the implant. After insertion, the site feels numb for a few hours, which may be combined with tenderness, bruising and swelling. A sterile dressing will cover the area for a few days (at least 72 hours) to keep the wound clean and dry and minimize the risk of infection. If you experience pain, the physician will prescribe painkillers.

How to check your implant?

After washing your hands, palpate for the implant with your fingers.

How is the implant removed?

A local anesthesia injection will be given at the implant area by a specialized physician, then a tiny cut will be made into your skin and gently the implant is pulled out. A pressure dressing is placed over the site for a few days to keep the wound clean and dry and help reduce bleeding. If you want to have another implant fitted, it can be done at the same time.

Complications:

Very rarely,

1. You may get a local reaction during the procedure if you have allergy to implant content or local anesthesia.
2. It could be placed too deeply into your arm, muscle, or vein.
3. It could damage your arm's nerve.
4. It could migrate to subsequent distant body tissues.

Contraindications:

Some medicines may make the implant less effective. They include medicines used to treat human immunodeficiency virus (HIV), epilepsy, tuberculosis, and complementary medicines (St. John's wort). These are called enzyme-inducing drugs.

When to seek medical advice?

1. If you are unable to feel the implant under the skin of your upper arm.
2. If you develop any complications or adverse effects.
3. When you need to remove or replace the implant.
4. If you become pregnant or suspect pregnancy.

Is the implant device available at PHCC Health Centers?

Currently, the implant device is not available at PHCC Health Centers. The client can purchase it from any commercial/local pharmacy or abroad.



مؤسسة الرعاية الصحية الأولية
PRIMARY HEALTH CARE CORPORATION

Subdermal Contraceptive IMPLANT



It works for three (3) year as a contraceptive method.



What is an Implant?

- It is a small, flexible plastic rod, 4 cm (40mm) in length and 2 mm in diameter.
- It releases a progesterone hormone similar to the natural progesterone produced by the ovaries.

Life/validity of an implant?

It works for three (3) years as a contraceptive method. It must be removed and replaced at the three-year point to prevent an unplanned pregnancy.

How effective?

It is over
99%
effective

Less than 1 in 1000 implant users may get pregnant in the first year of use.

How does an implant work?

1. It stops the ovaries from releasing an egg each month (no ovulation).
2. Thickens the cervical mucus, preventing sperm from reaching the egg.
3. It thins the lining of the uterus and stops a fertilized egg from implantation.

ADVANTAGES

1. Works for three (3) years.
2. It is cost-effective in the long term.
3. Does not interrupt breastfeeding.
4. Fertility will return to normal immediately after the implant is removed.
5. It does not depend on your remembering to take or use it.
6. It may reduce a heavy, painful period.

DISADVANTAGES

1. Rare cause of wound infection and possible scar formation.
2. Your monthly period may become irregular, last longer, or stop.
3. You may experience mild headaches, breast tenderness, or mood changes.
4. You may get acne, or your existing acne may get worse or improve during implant use.
5. It requires a small procedure for insertion and removal by specialized physician.
6. It does not protect you from sexually transmitted infections.



Can I use an implant after giving birth?
Yes, after consulting your physician.

Can I use an implant while breast feeding?
Yes, it can be used while breastfeeding.

Can I switch from other contraceptive methods to an implant?
Yes, consult your physician.

When can I use an implant?

- You can have an implant fitted at any time, if it is certain that you are not pregnant.
- If the implant is inserted during the first 5 days of your period, you will be immediately protected against pregnancy.
- If implant inserted after the 5th day of your period, you would need an additional contraceptive protection for the next 7 days.

How can I prepare before getting an implant fitted?

Avoid unprotected sex for at least 3 weeks before your appointment. Ask your physician to prescribe a suitable contraceptive method (pills, injection) until the appointment. Your physician may order a urine pregnancy test if pregnancy is suspected.

